What is claimed is:

1. A bed comprising:

a front frame, at least one front leg being attached to the front frame;

a rear frame, at least one rear leg being attached to the rear frame;

a front mattress mounted on the front frame;

a rear mattress mounted on the rear frame;

a stretching mechanism including two handles mounted in front of the front frame for a user's gripping, the handles being movable along a longitudinal direction of the bed; and

a legrest device mounted to the rear frame and movable relative to the rear frame along the longitudinal direction of the bed, the legrest being adapted to position feet of the user, a first elastic element having a first end attached to the rear frame and a second end attached to the legrest device;

wherein when a stretching force provided by the stretching mechanism imparted to the legrest device is greater than a pulling stress of the first elastic element, the first elastic element is pulled and thus moves the legrest device along the longitudinal direction relative to the rear frame, and a returning force of the first elastic element buffering the stretching movement.

2. The bed as claimed in claim 1, wherein the front frame includes two lateral sides each having a track defined therein, a second elastic element having a first end attached to the front frame and a second end attached to the front mattress, the front mattress including two lateral sides each having a wheel seat attached thereto, a wheel being rotatably mounted to the respective wheel seat and rollably received in the respective track of the front frame.

3. The bed as claimed in claim 1, wherein the stretching device further includes a motor, a controller, a guide member, and a connecting member, the motor being mounted below the front frame and including a telescopic rod that can be driven by the motor to move to and fro, the guide member extending in the longitudinal direction of the bed, the connecting member including a main section slidably guided by the guide member, the main section having an end engaged with the telescopic rod to move therewith, the connecting member further including a coupling tube on another end thereof, the coupling tube including two ends, the respective handle including a connecting portion on a first end thereof and a bent grip portion on a second end thereof, the connecting portion of the respective handle being engaged with the respective end of the coupling tube.

4. The bed as claimed in claim 3, wherein the main section of the connecting member is slidably received in the guide member.

5. The bed as claimed in claim 3, wherein the end of the main section of the connecting member includes a hole, the telescopic rod having a distal end with a spring-biased button engaged with the hole of the main section of the connecting member.

6. The bed as claimed in claim 3, wherein the connecting portion of the respective handle includes a spring-biased button, the respective end of the coupling tube having a horizontal positioning hole and a vertical positioning hole one of which is engaged with the spring-biased button of the connecting portion of the respective handle.

7. The bed as claimed in claim 1, wherein the stretching mechanism further includes two hook members each having a first end releasably engaged with the grip portion of the respective handle and a second end on which a hook

portion is formed, the hook portion being adapted to be engaged with an armpit of the user.

8. The bed as claimed in claim 1, wherein the rear frame includes two lateral sides each having a guide groove defined therein, the legrest device including a movable frame, two footrests, and a support rod, the movable frame being substantially U-shaped and mounted to the rear end of the rear frame, a connecting rod having two ends each having an extension for engaging with a respective end of the movable frame, each said end of the connecting rod extending through the respective lateral side of the rear frame and including a first wheel rotatably mounted thereto, the extension having two ends each extending through the respective lateral side of the rear frame and having a second wheel rotatably mounted thereto, the first wheel and the second wheel being rollably received in the respective guide groove of the rear frame, the second end of the first elastic element being attached to the connecting rod, the support rod being mounted in front of the movable frame and including two ends respectively pivotally connected to the ends of the movable frame, a third wheel being rotatably mounted to each said end of the support rod and rollable on the rear mattress.

9. The bed as claimed in claim 8, wherein the movable frame includes two instep pads mounted thereon.

10. The bed as claimed in claim 8, wherein the respective footrest includes a sole pad mounted thereon.

11. The bed as claimed in claim 9, wherein the respective footrest includes a sole pad mounted thereon.

12. The bed as claimed in claim 8, wherein the support rod includes a heel pad mounted thereon.

13. The bed as claimed in claim 9, wherein the support rod includes a heel pad mounted thereon.

14. The bed as claimed in claim 11, wherein the support rod includes a heel pad mounted thereon.

15. The bed as claimed in claim 1, further including an intermediate frame mounted between the front frame and the rear frame, the front frame including an end pivotally connected to the intermediate frame, the rear frame including an end pivotally connected to the intermediate frame.